

21st Century High School

Lunch Menu

May
2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>BBQ Chicken Sandwich</p> <p>Chef Salad</p> <p>Baked Beans Red/Orange Bell Pepper</p> <p>Diced Peaches Fresh Orange</p> <p>Milk Choice</p>	<p>2</p> <p>Crispy Chicken Nuggets Whole Grain Dinner Roll</p> <p>Chef Salad</p> <p>Roasted Broccoli Red/Orange Bell Pepper Applesauce Fresh Orange</p> <p>Milk Choice</p>	<p>3</p> <p>Macaroni & Cheese Whole Grain Dinner Roll</p> <p>Chef Salad</p> <p>Steamed Corn Red/Orange Bell Pepper Mixed Canned Fruit Fresh Orange</p> <p>Milk Choice</p>	<p>4</p> <p>Beef Hot Dog on a Bun</p> <p>Chef Salad</p> <p>Steamed Carrots Red/Orange Bell Pepper</p> <p>Diced Pears Fresh Orange</p> <p>Milk Choice</p>	<p>5</p> <p>Sloppy Joe on a Bun</p> <p>Chef Salad</p> <p>Steamed Broccoli Red/Orange Bell Pepper</p> <p>Pineapple Tidbits Fresh Orange</p> <p>Milk Choice</p>
<p>8</p> <p>Grilled Cheese Sandwich</p> <p>Chef Salad</p> <p>Green Beans Cherry Tomato</p> <p>Diced Peaches Fresh Grapes</p> <p>Milk Choice</p>	<p>9</p> <p>BBQ Rib Sandwich</p> <p>Chef Salad</p> <p>Steamed Corn Cherry Tomato</p> <p>Fresh Mixed Fruit Fresh Grapes</p> <p>Milk Choice</p>	<p>10</p> <p>Beefy Nachos w/Cheese Sauce</p> <p>Chef Salad</p> <p>Refried Beans Cherry Tomato Pineapple Tidbits Fresh Grapes</p> <p>Milk Choice</p>	<p>11</p> <p>Cheeseburger on a Bun</p> <p>Chef Salad</p> <p>Roasted Broccoli Cherry Tomato Applesauce Fresh Grapes</p> <p>Milk Choice</p>	<p>12</p> <p>French Bread Pizza Marinara Sauce</p> <p>Chef Salad</p> <p>Steamed Carrots Cherry Tomato Diced Pears Fresh Grapes</p> <p>Milk Choice</p>
<p>15</p> <p>Crispy Chicken Sandwich</p> <p>Chef Salad</p> <p>Roasted Broccoli Baby Carrots</p> <p>Diced Peaches Banana</p> <p>Milk Choice</p>	<p>16</p> <p>Chef Choice</p> <p>Hot Vegetable Baby Carrots Mixed Canned Fruit Banana</p> <p>Milk Choice</p>	<p>17</p> <p>Pasta with Meat Sauce, Homemade (K-8)</p> <p>Chef Salad</p> <p>Green Beans Baby Carrots Pineapple Tidbits Banana</p> <p>Milk Choice</p>	<p>18</p> <p>Hot Ham & Cheese Sandwich</p> <p>Chef Salad</p> <p>Tater Tots Baby Carrots</p> <p>Applesauce Banana</p> <p>Milk Choice</p>	<p>19</p> <p>Max Stix Marinara Sauce</p> <p>Chef Salad</p> <p>California Blend Vegetable Baby Carrots Diced Pears Banana</p> <p>Milk Choice</p>
<p>22</p> <p>Chef Choice</p> <p>Hot Vegetable Cold Vegetable</p> <p>Diced Peaches Fresh Pear</p> <p>Milk Choice</p>	<p>23</p> <p>Chef Choice</p> <p>Hot Vegetable Cold Vegetable</p> <p>Mixed Canned Fruit Fresh Pear</p> <p>Milk Choice</p>	<p>24</p> <p>Chef Choice</p> <p>Hot Vegetable Cold Vegetable</p> <p>Diced Pears Fresh Pear</p> <p>Milk Choice</p>	<p>25</p> <p>Chef Choice</p> <p>Hot Vegetable Cold Vegetable</p> <p>Applesauce Fresh Pear</p> <p>Milk Choice</p>	<p>26</p> <p>Chef Choice</p> <p>Hot Vegetable Cold Vegetable</p> <p>Pineapple Tidbits Fresh Pear</p> <p>Milk Choice</p>
<p>29</p>	<p>30</p>	<p>31</p>		

PRICES

EXTRA INFO

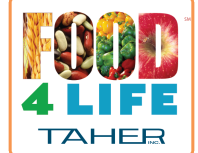
Offered Daily:
1% White Milk
Fat Free Chocolate Milk

HARVEST OF



THE MONTH

Menus and nutrition
our app
Taher Food4Life®



www.taher.com

Menus are subject to change without notice. This institution is an equal opportunity provider.