



21st Century Upper Elementary School 3-5

May
2023

Lunch Menu



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
| <p>1</p> <p>BBQ Chicken Sandwich</p> <p>Baked Beans Red/Orange Bell Pepper</p> <p>Diced Peaches Fresh Orange Milk Choice</p> | <p>2</p> <p>Crispy Chicken Nuggets Whole Grain Dinner Roll</p> <p>Roasted Broccoli Red/Orange Bell Pepper</p> <p>Applesauce Fresh Orange Milk Choice</p> | <p>3</p> <p>Macaroni & Cheese Whole Grain Dinner Roll</p> <p>Steamed Corn Red/Orange Bell Pepper</p> <p>Mixed Canned Fruit Fresh Orange Milk Choice</p> | <p>4</p> <p>Beef Hot Dog on a Bun</p> <p>Steamed Carrots Red/Orange Bell Pepper</p> <p>Diced Pears Fresh Orange Milk Choice</p> | <p>5</p> <p>Sloppy Joe on a Bun</p> <p>Steamed Broccoli Red/Orange Bell Pepper</p> <p>Pineapple Tidbits Fresh Orange Milk Choice</p> |
| <p>8</p> <p>Grilled Cheese Sandwich</p> <p>Green Beans Cherry Tomato</p> <p>Diced Peaches Fresh Grapes Milk Choice</p> | <p>9</p> <p>BBQ Rib Sandwich</p> <p>Steamed Corn Cherry Tomato</p> <p>Fresh Mixed Fruit Fresh Grapes Milk Choice</p> | <p>10</p> <p>Beefy Nachos w/Cheese Sauce</p> <p>Refried Beans Cherry Tomato</p> <p>Pineapple Tidbits Fresh Grapes Milk Choice</p> | <p>11</p> <p>Cheeseburger on a Bun</p> <p>Roasted Broccoli Cherry Tomato</p> <p>Applesauce Fresh Grapes Milk Choice</p> | <p>12</p> <p>French Bread Pizza Marinara Sauce</p> <p>Steamed Carrots Cherry Tomato</p> <p>Diced Pears Fresh Grapes Milk Choice</p> |
| <p>15</p> <p>Crispy Chicken Sandwich</p> <p>Roasted Broccoli Baby Carrots</p> <p>Diced Peaches Banana Milk Choice</p> | <p>16</p> <p>Chef Choice</p> <p>Hot Vegetable Baby Carrots Mixed Canned Fruit Banana Milk Choice</p> | <p>17</p> <p>Pasta with Meat Sauce, Homemade (K-8)</p> <p>Green Beans Baby Carrots</p> <p>Pineapple Tidbits Banana Milk Choice</p> | <p>18</p> <p>Hot Ham & Cheese Sandwich</p> <p>Tater Tots Baby Carrots</p> <p>Applesauce Banana Milk Choice</p> | <p>19</p> <p>Max Stix Marinara Sauce</p> <p>California Blend Vegetable Baby Carrots</p> <p>Diced Pears Banana Milk Choice</p> |
| <p>22</p> <p>Chef Choice</p> <p>Hot Vegetable Cold Vegetable</p> <p>Diced Peaches Fresh Pear Milk Choice</p> | <p>23</p> <p>Chef Choice</p> <p>Hot Vegetable Cold Vegetable</p> <p>Mixed Canned Fruit Fresh Pear Milk Choice</p> | <p>24</p> <p>Chef Choice</p> <p>Hot Vegetable Cold Vegetable</p> <p>Diced Pears Fresh Pear Milk Choice</p> | <p>25</p> <p>Chef Choice</p> <p>Hot Vegetable Cold Vegetable</p> <p>Applesauce Fresh Pear Milk Choice</p> | <p>26</p> <p>Chef Choice</p> <p>Hot Vegetable Cold Vegetable</p> <p>Pineapple Tidbits Fresh Pear Milk Choice</p> |
| <p>29</p> | <p>30</p> | <p>31</p> | <p>This is for Food 4 Thought</p> | |

PRICES

EXTRA INFO

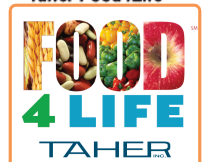
Offered Daily
Choice of Milk
1% White & Fat Free Chocolate

HARVEST OF



THE MONTH

Your MENUS plus more
information on our app
Taher Food4Life®



www.taher.com