




# 21st Century Elementary

March  
2023

## K-8 Lunch Menu



| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   |
|---|---|---|--|--|
|   |   | <b>1</b><br>Chicken Potstickers<br>Chicken Fried Rice<br><br>Steamed Carrots<br>Cucumber Slices<br><br>Diced Pears<br>Fresh Pear<br>1% Milk | <b>2</b><br>Beef Chili<br>Cornbread Bowl<br><br>Potato Wedges<br>Cucumber Slices<br><br>Applesauce<br>Fresh Pear<br>1% Milk          | <b>3</b><br>Chicken and Cheese<br>Quesadilla<br><br>Roasted Broccoli<br>Salsa<br><br>Pineapple Tidbits<br>Fresh Pear<br>1% Milk                      |
| <b>6</b><br>Macaroni & Cheese<br><br>Coleslaw<br>Cherry Tomato<br><br>Diced Peaches<br>Fresh Apple<br>1% Milk                       | <b>7</b><br>Beef Hot Dog on a Bun<br><br>Baked Beans<br>Cherry Tomato<br><br>Mixed Canned Fruit<br>Fresh Apple<br>1% Milk                           | <b>8</b><br>Orange Chicken<br>Brown Rice<br><br>Steamed Carrots<br>Cherry Tomato<br><br>Pineapple Tidbits<br>Fresh Apple<br>1% Milk         | <b>9</b><br>Italian Pasta Bake<br>Garlic Toast<br><br>Roasted Broccoli<br>Cherry Tomato<br><br>Diced Pears<br>Fresh Apple<br>1% Milk | <b>10</b><br>Crispy Chicken Nuggets<br><br>Potato Wedges<br>Cherry Tomato<br><br>Applesauce<br>Fresh Apple<br>1% Milk<br>Easy Egg Bake               |
| <b>13</b><br>Cheeseburger on a Bun<br><br>Parsley Potato<br>Baby Carrots<br><br>Diced Peaches<br>Banana<br>1% Milk                  | <b>14</b><br>Chicken Alfredo w/Pasta<br>Rip Stick Breadstick<br><br>Roasted Broccoli<br>Baby Carrots<br><br>Mixed Canned Fruit<br>Banana<br>1% Milk | <b>15</b><br>BBQ Chicken Sandwich<br><br>Steamed Carrots<br>Baby Carrots<br><br>Diced Pears<br>Banana<br>1% Milk                            | <b>16</b><br>Beef Nachos<br><br>Spiced Pinto Beans<br>Salsa<br><br>Pineapple Tidbits<br>Banana<br>1% Milk                            | <b>17</b><br>Cheese Pizza<br><br>California Blend Vegetable<br>Baby Carrots<br><br>Applesauce<br>Banana<br>1% Milk                                   |
| <b>20</b><br>SPRING BREAK   | <b>21</b><br>SPRING BREAK   | <b>22</b><br>SPRING BREAK   | <b>23</b><br>SPRING BREAK  | <b>24</b><br>SPRING BREAK  |
| <b>27</b><br>Chicken Bacon Alfredo<br>Flatbread<br><br>Green Beans<br>Cherry Tomato<br><br>Diced Peaches<br>Fresh Grapes<br>1% Milk | <b>28</b><br>BBQ Rib Sandwich<br><br>Steamed Corn<br>Cherry Tomato<br><br>Fresh Mixed Fruit<br>Fresh Grapes<br>1% Milk                              | <b>29</b><br>Chicken Tacos<br><br>Refried Beans<br>Cherry Tomato<br><br>Pineapple Tidbits<br>Fresh Grapes<br>1% Milk                        | <b>30</b><br>Cheeseburger on a Bun<br><br>Roasted Broccoli<br>Cherry Tomato<br><br>Applesauce<br>Fresh Grapes<br>1% Milk             | <b>31</b><br>Beef Hot Dog on a Bun<br><br>Steamed Carrots<br>Cherry Tomato<br><br>Diced Pears<br>Fresh Grapes<br>1% Milk<br>Choice of Egg or Protein |

PRICES

EXTRA INFO

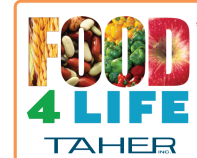
Milk (1% and Fat Free White, Fat -free  
Chocolate) available daily.

HARVEST OF



THE MONTH

Your MENUS plus more  
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