


21st Century High School

Lunch Menu

March
2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <p>Chicken Potstickers Chicken Fried Rice</p> <p>Southwest Chicken Salad Steamed Carrots Cucumber Slices Diced Pears Fresh Pear 1% Milk</p>	<p>2</p> <p>Beef Chili Cornbread Bowl</p> <p>Southwest Chicken Salad Potato Wedges Cucumber Slices</p> <p>Applesauce Fresh Pear 1% Milk</p>	<p>3</p> <p>Chicken and Cheese Quesadilla</p> <p>Southwest Chicken Salad Roasted Broccoli Salsa Cucumber Slices Pineapple Tidbits Fresh Pear 1% Milk</p>
<p>6</p> <p>Shrimp Poppers Macaroni & Cheese</p> <p>Chef Salad Coleslaw Cherry Tomato</p> <p>Diced Peaches Fresh Apple 1% Milk</p>	<p>7</p> <p>Beef Hot Dog on a Bun</p> <p>Chef Salad Baked Beans Cherry Tomato</p> <p>Mixed Canned Fruit Fresh Apple 1% Milk</p>	<p>8</p> <p>Orange Chicken Brown Rice</p> <p>Chef Salad Steamed Carrots Cherry Tomato</p> <p>Pineapple Tidbits Fresh Apple 1% Milk</p>	<p>9</p> <p>LTO Cacio e Pepe Crispy Chicken Nuggets Garlic Toast</p> <p>Chef Salad Roasted Broccoli Cherry Tomato Diced Pears Fresh Apple 1% Milk</p>	<p>10</p> <p>Pancakes Easy Egg Bake</p> <p>Chef Salad Potato Wedges Cherry Tomato Applesauce Fresh Apple 1% Milk</p>
<p>13</p> <p>Cheeseburger on a Bun</p> <p>Chicken Ceasar Salad Parsley Potato Baby Carrots</p> <p>Diced Peaches Banana 1% Milk</p>	<p>14</p> <p>Chicken Alfredo w/Pasta Rip Stick Breadstick</p> <p>Chicken Ceasar Salad Roasted Broccoli Baby Carrots Mixed Canned Fruit</p> <p>Banana 1% Milk</p>	<p>15</p> <p>BBQ Chicken Sandwich</p> <p>Chicken Ceasar Salad Steamed Carrots Baby Carrots Diced Pears</p> <p>Banana 1% Milk</p>	<p>16</p> <p>Beefy Nachos w/Cheese Sauce</p> <p>Chicken Ceasar Salad Steamed Carrots Red Peppers</p> <p>Diced Pears Fresh Orange 1% Milk</p>	<p>17</p> <p>Cheese Pizza</p> <p>Chicken Ceasar Salad Spiced Pinto Beans Baby Carrots Salsa Pineapple Tidbits Banana 1% Milk</p>
<p>20</p>	<p>21</p>	<p>22</p>	<p>23</p>	<p>24</p>
<p>27</p> <p>Chicken Bacon Alfredo Flatbread</p> <p>Chef Salad Green Beans Cherry Tomato Diced Peaches Fresh Grapes 1% Milk</p>	<p>28</p> <p>BBQ Rib Sandwich</p> <p>Chef Salad Steamed Corn Cherry Tomato</p> <p>Fresh Mixed Fruit Fresh Grapes 1% Milk</p>	<p>29</p> <p>Chicken Tacos</p> <p>Chef Salad Refried Beans Cherry Tomato</p> <p>Pineapple Tidbits Fresh Grapes 1% Milk</p>	<p>30</p> <p>Cheeseburger on a Bun</p> <p>Chef Salad Roasted Broccoli Cherry Tomato</p> <p>Applesauce Fresh Grapes 1% Milk</p>	<p>31</p> <p>French Toast Sticks Choice of Egg / Protein</p> <p>Chef Salad Steamed Carrots Cherry Tomato</p> <p>Diced Pears Fresh Grapes 1% Milk</p>

PRICES

EXTRA INFO

Offered Daily:
1% White Milk
Fat Free Chocolate Milk

HARVEST OF



THE MONTH

